



# Unconscious Bias in MI Training and Practice

## Join us for the second MI Oceania meeting

This workshop looks at the role of hidden assumptions and judgements in the use of MI and the training of MI. For example, how our unconscious bias may influence:

- Righting reflex and setting the agenda for change
- Choice of what we focus on in our reflections
- How “sustain talk” and “change talk” are heard and defined
- How a “successful outcome” is defined

The workshop will also reflect on how we work with unconscious bias in the training room and the challenges that arise.

**We'd love to see you join us!**

**Cost (AUD): \$150 for 1 day (either Sat or Sun)  
or \$250 for 2 days**

[www.mioceania.org](http://www.mioceania.org)

**Meeting of  
MINT members  
from MI  
Oceania**

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**Melbourne  
Australia**

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**SAVE THE DATES**

**15<sup>th</sup>-17<sup>th</sup>**

**February 2019**

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**Registrations  
open now!**

## What we are planning:

- Friday 15<sup>th</sup> Feb: Informal Friday evening get together for those who can make it
- Saturday 16<sup>th</sup> Feb: One day interactive workshop on MI and Unconscious Bias with Majella Greene (UK)
- Sunday 17<sup>th</sup> Feb: One day program of short presentations and workshops from MI Oceania members

Majella is an active member of MINT and currently serving on the MINT board, and social worker with a Masters of Applied Positive Psychology. She has a long history of working with unconscious bias and anti-discriminatory practice, in therapeutic, workplace and community based initiatives. She brings a rich experiential approach to her workshops and is an activist, bee keeper and kind human in the rest of her life.



## Objectives

- To understand unconscious bias and the impact on how we train and practice MI
- Develop listening for our own and others unconscious biases; how we might support awareness raising and change the way we do things for the better
- Explore, discuss and share what and how we might address implicit bias; the righting reflex; sustain talk and change talk
- To facilitate an open, honest discourse for MINT trainers to consider and reflect on the materials we use, the language of MI and cultural expectations that are implicitly discriminating against people because of one or more of their physical, social or other characteristics.

## One day of Peer sharing

We will invite MI Oceania members to either propose a topic or nominate someone else to present on their area of interest or expertise (because you tend to be a shy bunch who don't seek the limelight). Some previously requested themes will be suggested when the call out comes out.

## RSVP and Booking information

Firstly, to support our planning please email us at [MI Oceania RSVP](#) and let us know the following three things: 1) *Are you planning to attend?* 2) *Will you be joining us for dinner out on Friday the 15<sup>th</sup> February,* and 3) *Will you be bringing a partner?* Our cut-off date is **January 31 2019**. If possible though we would prefer you get back to us sooner rather than later.

To book follow the links below:

- <https://www.trybooking.com/ZROI>

**Looking forward to seeing everyone there!**